

Marathon 2013 Training Clinic and Round-the-Campus Run

Clinic	Saturday, 27 th November 2012	Saturday, 12 th January 2013	Saturday, 26 th January 2013	Saturday, 16 th February 2013*
Time	2:00-5:00pm	2:00-5:00pm	1:00-3:00pm – Training 3:00pm – Round-the-Campus Run	1:00-3:00pm Training 3:00-5:00pm Runner pack distribution 5:00pm Group Photo
Venue	Common Room, Wah Yan College Kowloon	Common Room, Wah Yan College Kowloon	Common Room and Grass pitch, Wah Yan College Kowloon	School Hall, Wah Yan College Kowloon
Guest Speakers	To be confirmed	To be confirmed	To be confirmed	Adidas Hong Kong
Coach	Mr. Lee Kar Lun	Mr. Lee Kar Lun	Mr. Lee Kar Lun	Mr. Lee Kar Lun

Remarks

- All members of our 2013 Marathon Team (“member”) are welcome to attend the clinics and the Round-the-Campus Run scheduled above
- *Members DO NOT have to go to the Victoria Park to collect their official runner packs from Standard Chartered, the official organizer of the Hong Kong Marathon 2013. All Members can collect their official runner packs and the Foundation Team Tee at the Clinic on 16th February 2013**
- *Member who cannot collect their runner pack in person on 16th February 2013 please send a representative to pick it up. Uncollected runner pack(s) will be stored at the Sports Section of Wah Yan College Kowloon for collection later, but the Foundation and the School will not guarantee its availability after the Clinic on 16th February 2013**
- Medical check-up will be provided for all current Wah Yan students taking part in the Campaign. Please contact your School’s Sports Section for detail in late September 2012
- Please contact your School’s Sports Section or Edward Yeung (9167 9962) or Chris Li (9806 9691) if you need further information
- The Foundation will update the information of the clinic from time to time